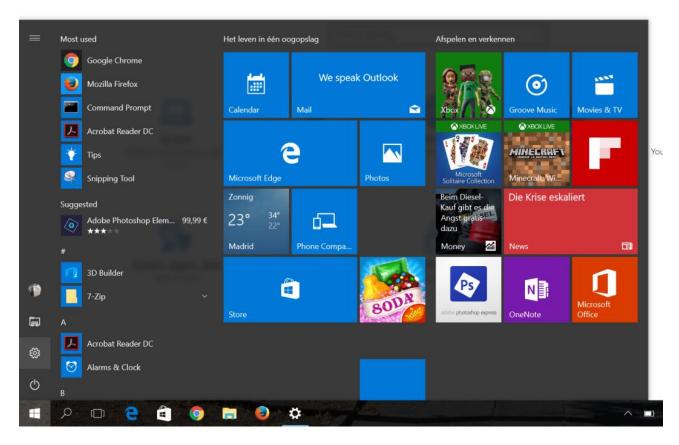
## Healthy edge lite software installation

1. Select the **Start** button

, then select Settings

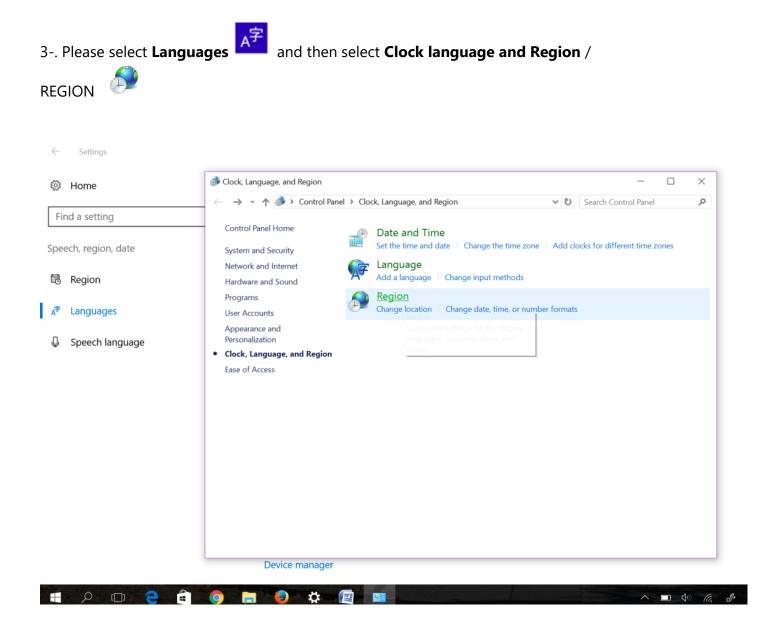




## 2. Click Speech, Region, date (date&time)

Settings						8 <del></del> 8	٥	×
			Windows Settings					
		Find a se	tting	٩				
	System Display, notifications, apps, power	Devices Bluetooth, printers, mouse	Network & Internet Wi-Fi, airplane mode, VPN	Personalization Background, lock screen, colors	Accounts Your accounts, email, sync, work, family			
	Speech, region, date Date & time	Narrator, magnifier, high contrast Narrator	Privacy Location, camera	Windows Update, recovery, backup Recovery				

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4. Click the Location tab, select your location from the list, additional settings and then click OK.

ormats Location Key	boards and Languages Administrative
Format:	
English (United King	dom) 🔻
Date and time form	ats
Short date:	dd/MM/yyyy
Long date:	dd MMMM уууу
Short time:	HH:mm 🔹
Long time:	HH:mm:ss 🔹
First day of week:	Monday 🔹
What does the nota	tion mean?
Examples	
Short date:	08/06/2017
Long date:	08 June 2017
Short time:	09:12
Long time:	09:12:21
Ge enline to learn ab	Additional settings
Go online to learn ab	

Customize Format	
Numbers Currency Time Date	
Example	
Positive: 123,456,789.00 Negative: -123,456,789.00	
Decirital symbol.	ould be a point
No. of digits after decimal:	ot a comma)
Digit grouping symbol:	
Digit grouping: 123,456,789	
Negative sign symbol:	
Negative number format:	
Display leading zeros: 0.7 🗸	
list separator:	uld be a comma t a semi-colon)
Measurement system: Metric	
Standard digits: 0123456789 🗸	
Use native digits:	
Click Reset to restore the system default settings for numbers, currency, time, and date.	
OK Cancel Apply	

4. Click the Location tab, select your location from the list, **additional settings** and then click OK.

Control Panel	Clock, Language, and Region	
Control Panel Home System and Security Network and Internet Hardware and Sound Programs User Accounts Appearance and	Date and Time     Set the time and date   Change the time zone   Add clocks for different time zones       Add the Clock gadget to the desktop     Region and Language     Change location   Change the date, time, or number format   Change keyboards or other input methods     Windows Live Language Setting	
Personalization  Clock, Language, and Region	Region and Language     Sector Customize Format	×
Ease of Access	Formats Location Keyboards and Languages Administrative Numbers Currency Time Date	
	Format:	
	English (United Kingdom)  Positive: 123,456,789.00 Negative: -123,456,789.00	
	Date and time formats	
	Short date: dd/MM/yyyy   Decimal symbol:	
	Long date: dd MMMM yyyy  V No. of digits after decimal: 2	
	Short time: HH:mm  Digit grouping symbol:	
	Long time: HH:mm:ss  Digit grouping: 123,456,789	
	First day of week: Monday	
	What does the notation mean?         Negative sign symbol:         -	
	Examples Negative number format:	
	Long date: 08 June 2017	
	Short time: 09:12 List separator:	
	Long time: 09:12:21 Measurement system: Metric	
	Additional settings Standard digits: 0123456789	
	Go online to learn about changing languages and regional formats Use native digits:	
	Click Reset to restore the system default settings for Reset	
	OK Cancel Apply numbers, currency, time, and date.	
	OK Cancel Ap	ply

Software direct Link: http://www.engsolinc.com/software/tanita/HealthyEdgeLite\_V2\_13\_3.zip